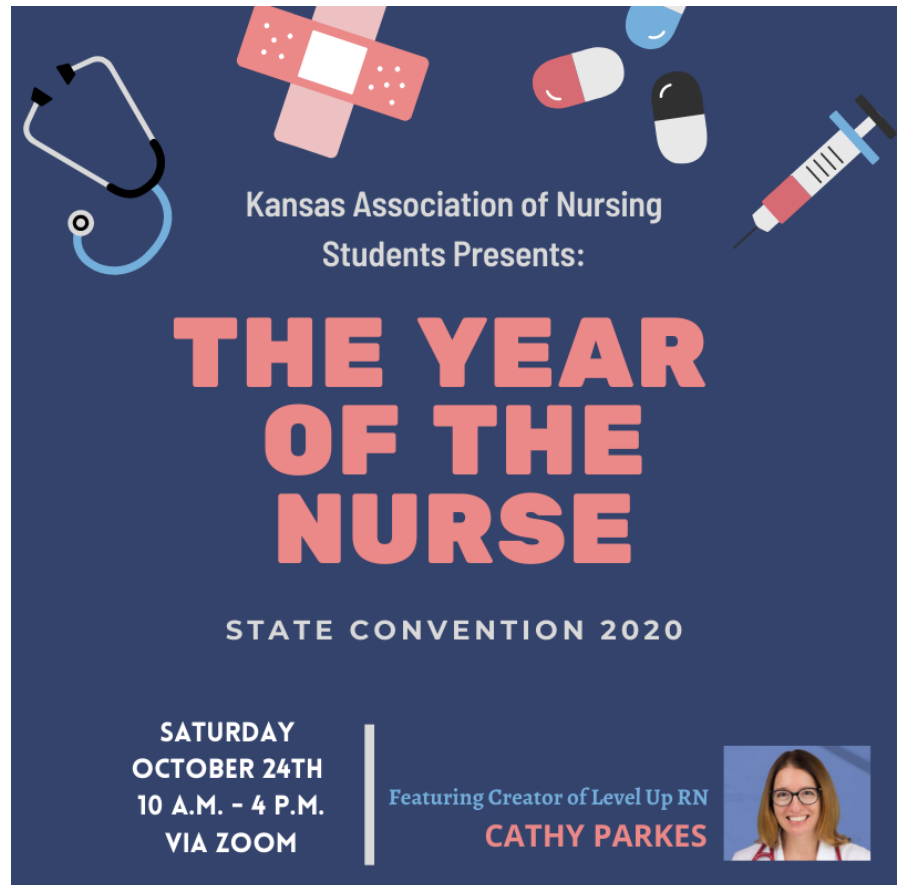


# The KANS Connection

*Fall 2020*



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**OCTOBER 24,  
2020**

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## KANS State Convention

By Katie Testerman, VP of Convention

Dear KANS,

The Kansas Association Nursing Students board of directors are excited to welcome you to our 2020 State Convention. Due to the ongoing COVID-19 pandemic, the board has decided that we will host this learning opportunity via zoom. The event will take place from 10 AM - 4PM on Saturday, October 24th via zoom. We are hopeful that this event will be just as impactful as years past, and that more students from around the state will be able to join us without having to travel!

We have the pleasure of welcoming registered nurse and creator of Level Up RN, Cathy Parkes! In addition, we will have a nursing panel, HURST review and vendors. These vendors will be speaking on behalf of future jobs, NCLEX prep, schooling and externship opportunities. At the end of the event we will host a board meeting that everyone is welcome to attend in order to slate the new candidates of the 2020-2021 KANS board.

2020 continues to be an ever changing year that has meant several things to many people. This pandemic has made significant changes to large events as well as daily activities and jobs. Most importantly, it has shown us the impact that nursing and healthcare workers have around the world. We are excited to share this convention with you and cannot wait to see you there!

Sincerely,  
Katie Testerman



# The KANS Connection

*Fall 2020*

## Introduction of Nursing Panel Speakers

By Savanna Renollet, Vice President of Parliamentary

### Breanna Gilger

I graduated in May of 2019 from Emporia State University with my Bachelor of Science in Nursing with a minor in Music. While I was in school, I served on the KANS Board as the Breakthrough to Nursing Chair and also as a consultant. I also served as the President of our local chapter of NSNA. In 2018, I collaborated with a professor to write an article about the role that music has within the nursing profession. Our article was published in Imprint Magazine eventually led to an original research study focusing on the relationship between music therapy and geriatric depression scale scores. Since graduating, I have worked Med/Surge/Telemetry and ICU at a Critical Access Hospital. Outside of work, I love teaching piano lessons, quilting, and watching Netflix.

### Tori Richardson

My name is Tori and I am a travel labor and delivery nurse. I chose to become a nurse because I wanted to help people and I had the biggest role model, my mom. I saw the difference she made in peoples lives and I wanted to do the same. I just adored labor and delivery in nursing school and clinicals confirmed the joy I had in this specific area. I truly feel this was largely due to me wanting to become a mother myself. The ability to be a support for mom/dads making that transition into parenthood and to be there for those who lost a precious life is something I've gravitated towards most of my career. However, from med-surg, to I & d, to long term care, nursing in any field is truly about showing others compassion in some of the brightest and darkest times of their lives.

### Alex Malendez

Before I started nursing school I felt a special connection to trauma, as a combat medic in the Army Reserves for 8 years and one year of active duty, I thrive on trauma and adrenaline. Which is what has brought me to decide on being so connected to the Emergency room and trauma care. If you ask any other nurse, they will all have different opinions on why they decided to become nurses; if you ask me? I did it because I always wanted to feel that adrenaline rush that I feel every time I have a patient walk into the ER. It is another whole level of energy rush that I get when I, along with the medical team, have a patient's life in our hands. The special gratification that we feel when we are able to save a person's life it's just out of this world.



# Board Position Introductions

## President

Presides at all Board of Director Meetings, acts as a representative for the association, appoints ad hoc committees and task forces, represents the organization to NSNA, and oversees all aspects of the association.

## Vice President of Parliamentary

Assumes responsibility in the president's absence and is Chairperson of the bylaws committee.

## Vice President of Convention

In charge of planning and implementing the state convention in conjunction with KSNA, and is responsible for the convention program. She/he is the chairperson of the convention committee.

## Treasurer

Acts as a custodian of organization funds, makes payments with the approval of the President and as authorized by the board, and prepares reports of the total assets and expenditures. She/he is the Chairperson of the budget committee.

## Secretary

Conducts general correspondence of the association, notifies all constituent associations of KANS meetings, keeps record of all correspondence, records and distributes minutes, keep files of reports, and documents, and keeps register of all member schools.

## Projects Chair

Facilitates KANS projects, statewide health projects, and fundraising activities. She/he is the Chairperson for the projects committee.



## Legislative Chair

Sends out legislative alerts, monitors state and local legislation, maintains communication with NSNA regarding state and national legislative activities and represents KANS to KSNA. She/he is the Chairperson for the resolutions committee.

## Newsletter Editor/ Historian

Edits, writes, solicits advertising, and oversees printing and distribution of the KANS Newsletter, the official publication of KANS.

## Membership Chair

Carries out theories of Breakthrough to Nursing, initiates contact with prospective member schools and maintains contact with active members.

## Nominations and Elections Chair

Be responsible for the slating and verifying eligibility of candidates for the annual meeting of KANS at the State Convention in October

## Breakthrough to Nursing Chair

Gather and maintain updated information about nursing schools in the state and focus projects on recruitment/retention efforts statewide. BTN Chair is responsible for breaking barriers in nursing by increasing diversity and exposure to the profession.

## KANS Liason

Serve as liaison from the KANS Board of Directors to the KSNA Board of Directors.



# The KANS Connection

*Fall 2020*

## Leadership Summit Overview

By Savanna Renollet, VP of Parliamentary

Greetings KANS members! I just wanted to give you all a quick update on our annual Leadership Summit that took place on Sept. 20, 2020 via Zoom . All of the board members were able to attend this meeting in order to better prepare for state convention, and build ourselves as leaders.

At the summit, we got the opportunity to speak with Dr. Kari Hess of Emporia State University about self care in nursing. In addition, our board of directors was able to discuss the significance of sustaining KANS and questions regarding the state bylaws and guidebook with Director of Nursing at Emporia State University and lifelong KANS member, Dr. Linda Adams-Wendling.

Through the use of presentations, videos and goal sheets we were able to establish key areas of focus. In addition, we took the time to reflect on what this year has meant as a board of directors as well as students, and how we could make the transition for the next board run more smoothly.

We are extremely excited to share this information with the incoming board for the 2020-2021 year and look forward to seeing you all at state convention.

Sincerely,  
Savanna Renollet  
KANS VP of Parliamentary

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**SEPTEMBER 20,  
2020  
(RESCHEDULED)**

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KANSAS ASSOCIATION OF NURSING STUDENTS

**Leadership  
Summit  
Fall 2020**

SEPT. 20, 2020 • 1100-1400  
JOIN US VIRTUALLY VIA ZOOM

# CONVENTION SCHEDULE

**SATURDAY, OCT. 24, 2020 VIA ZOOM**

- 10:00-10:10:** Registration and Logging onto Convention
- 1010-1030:** Opening Statements Introduction of Positions
- 1030-1040:** Vendor
- 1040-1130:** Nursing Panel
- 1130-1140:** Vendor
- 1140-1150:** Vendor
- 1150-1230:** Meet the Candidates/ Voting for State Board
- 1230-1330:** \*\*Break for lunch\*\*\*
- 1330-1430:** Hurst Review
- 1430-1440:** Vendor
- 1440-1450:** Vendor
- 1450-1500:** Vendor
- 1500-1600:** Endnote Speaker (**Cathy Parkes**)
- 1600:** Convention Ends/ New Board Induction



# STATE CONVENTION

*Fall 2020*

## *Established Vendors*

Cathy Parkes



**Level Up RN<sup>®</sup>**

Chamberlain University



CHAMBERLAIN  
UNIVERSITY

HURST



**HURST**  
REVIEW SERVICES

Kansas State Nurses Association



**KSNA**

KANSAS STATE NURSES ASSOCIATION

Mayo Clinic



Vanderbilt School of Nursing



VANDERBILT<sup>®</sup>  
SCHOOL OF NURSING

Wesley Medical Center



**WESLEY Healthcare**

Wichita State University



WICHITA STATE  
UNIVERSITY